

# Welcome

Please help keep our community  
safe from infection

Do you feel unwell with any of these cold or flu-like symptoms?



fever



a new or  
worsening  
cough



sore throat



shortness  
of breath



sneezing and  
runny nose



temporary  
loss of  
smell/taste

If yes, please report these to:

You can call Healthline for free advice from a  
healthcare professional:



**0800 358 5453**

For more information visit: [info.health.nz/conditions-treatments/infectious-diseases/covid-19/](https://info.health.nz/conditions-treatments/infectious-diseases/covid-19/) or [info.health.nz/immunisations/vaccines-aotearoa/flu-influenza-vaccine/](https://info.health.nz/immunisations/vaccines-aotearoa/flu-influenza-vaccine/)

Updated 22/05/2024